

October 3rd, 2016



Legacy is Pink

Dear Legacy Family, Friends, and Fans,

The Virginia Legacy is in full swing and at the mid-point of their seasons. Many teams are finding success and several of our top teams are still alive in the State Cup.

Although the weather hasn't always cooperated, our players are making the most of it and doing so with a positive attitude. As Columbus day approaches, some programs get the weekend off, while others take to the fields to represent the club and the area.



COACHING TO DEVELOP PLAYERS VS COACHING TO WIN
by Doug Lemov

www.teachlikeachampion.com

". . . Let's start with this very basic challenge: it's often hard to do what's right for kids long term development because of pressure from the one

group who should be most supportive of it: parents. They want quality for their kids, but they mistake wins for quality, thus ironically putting pressure on coaches to serve their kids poorly. So we've all got a role in understanding what coaching for the long term looks like and reinforcing it. One of the simplest things a club can do is to be explicit with parents about not only the balance of goals-winning isn't irrelevant, it's just secondary-but how to see goals other than winning in action . . ." [CLICK HERE TO READ FULL ARTICLE](#)



- Parent ED
- Breast Cancer
- State Cup
- Little Legacy
- Social Media



Oct. 14th - Legacy Spirit Night @ WM vs. Delaware

Oct. 15th - Legacy Spirit Night @ WM vs. Michigan



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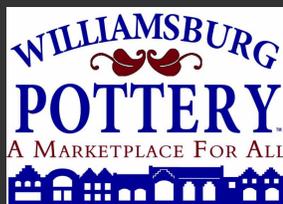
LEGACY Soccer

October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease. While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same. We have made a lot of progress but still have a long way to go and need your help! - [Click here to visit Nationalbreastcancer.org](#)

In an effort to raise awareness, help with the fight and show our support in the fight against breast cancer - which affects so many people either directly or indirectly - All Virginia Legacy players will be given



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a new Black/Pink warm-up shirt - to wear during team warm-ups at all games during the month of October.



State Cup Update

The Virginia Legacy entered numerous teams into the Virginia State Cup this year and although many entered, we still have 4 teams alive.

The US Youth Soccer National Championships consists of six age groups (Under 14, 15, 16, 17, 18 and 19). The finals are a result of competitions in every state known as the US Youth Soccer National Championship Series. Regional winners advance to the National Championships as well as the top two teams from the US Youth Soccer National League.

Legacy teams are currently in the State Round, winners of each state tournament receive a bid to play in the Regional.

Our current competing teams:

U16 CCL Elite - Ranked 4th

Currently in the group stage playing against: Strikers, BRYC, and Beach FC

Recent results: 5-2 over Vasquez Academy & 5-1 over Richmond Kickers Elite

U18/19 Boys CCL Elite - Ranked 5th

Currently in the group stage playing against SOCA(1-1 Tie), Loudoun, and Beach FC.

Recent Results: 3-0 over ALEX Athletico Red & 5-1 over Richmond Kickers Elite

U16 Girls CCL Elite - Ranked 8th

Currently in the group stage playing against: BRYC(2-4 Loss),

Beach FC, and FCV

Recent Results: 5-1 over VYS Phoenix & 2-1 over SYA Cardinals

U17 Girls CCL Elite - Ranked 8th

Currently in the group stage playing against NVSC, Beach FC, & BRYC.

Recent results: 3-0 over SYC Lions & 2-0 over the Richmond Kickers

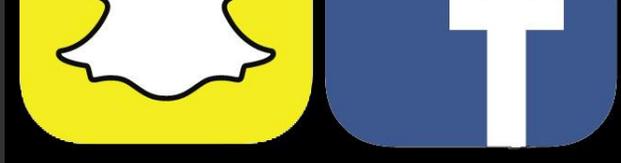


Little Legacy Register Today (Ages 2-5)

The Virginia Legacy Soccer Club - which serves boys and girls ages 5-19 now has a program designed for your young toddlers!. This new program is tailored to boys and girls ages 2, 3, 4, and 5. The hour long classes will take the kids through a number of activities and games designed to teach them balance, coordination, teamwork, sharing and of course soccer. Classes are designed to be FUN and our professional and certified staff will ensure FUN through the proper environment for your young children.

[CLICK HERE FOR MORE DETAILS](#)





Follow Us!

Virginia Legacy is now on Facebook, Twitter, Instagram, and Snapchat! Look for us by name under the following platforms:

SNAPCHAT - "VALEGACYSOCCER"

TWITTER - [@valegacy](https://twitter.com/valegacy)

INSTAGRAM - "VALEGACYSOCCER"

FACEBOOK - [Virginia Legacy SC](https://www.facebook.com/VirginiaLegacySC)

Virginia Legacy Soccer Club | 757-253-8572 | aspirn@valegacysoccer.com | <http://www.valegacysoccer.com>
109 Bulifants Blvd
Suite A
Williamsburg, VA 23188

Forward this email

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