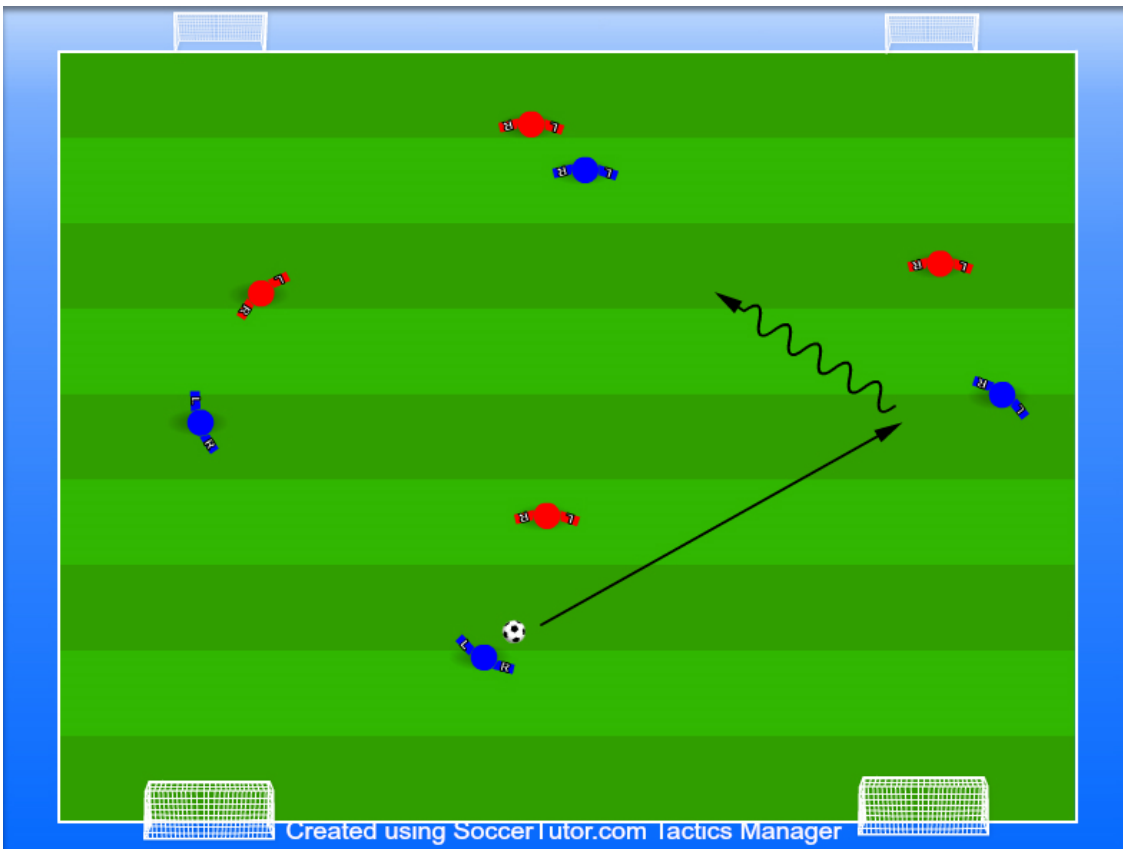




# Tactics Manager

## What We Are Learning - Week 4 Legacy ADP



<b>Date:</b>	26/Sep/2016	<b>Measurement:</b>	Select Pitch Area
<b>Time:</b>	N/A:N/A	<b>Players:</b>	0
<b>Duration:</b>	N/A	<b>Level:</b>	U5 - U10

**Objective:** Continue with simple decision making skills - when do I pass? when do I dribble? Introduction to passing techniques.

**Description:** The 4 goal game will incorporate many of the topics we have touched on so far.  
 Technical: Continue to touch on dribbling skills. Small touches vs. big touches - introduction to passing technique - Open hip, toe up, heel down, ankle locked, follow through, plant foot pointed in direction of pass.  
 Tactical: When do I pass? When do I dribble?  
 Physical: Balance, Coordination, - Always looking for space by moving with ball and without

**Coaching Points:** Players are encouraged to make decisions in this game. If one goal is covered or defended well they need to be able to find the space on the other side of the field and go to the new (open) goal. Try to encourage passing to get to the new goal. Heads need to be up to see the decision that needs to be made-continue on? or go to the other goal?  
 Can players find the open goal quicker with a pass instead of dribbling over? Passing Tech!

**Progression:**