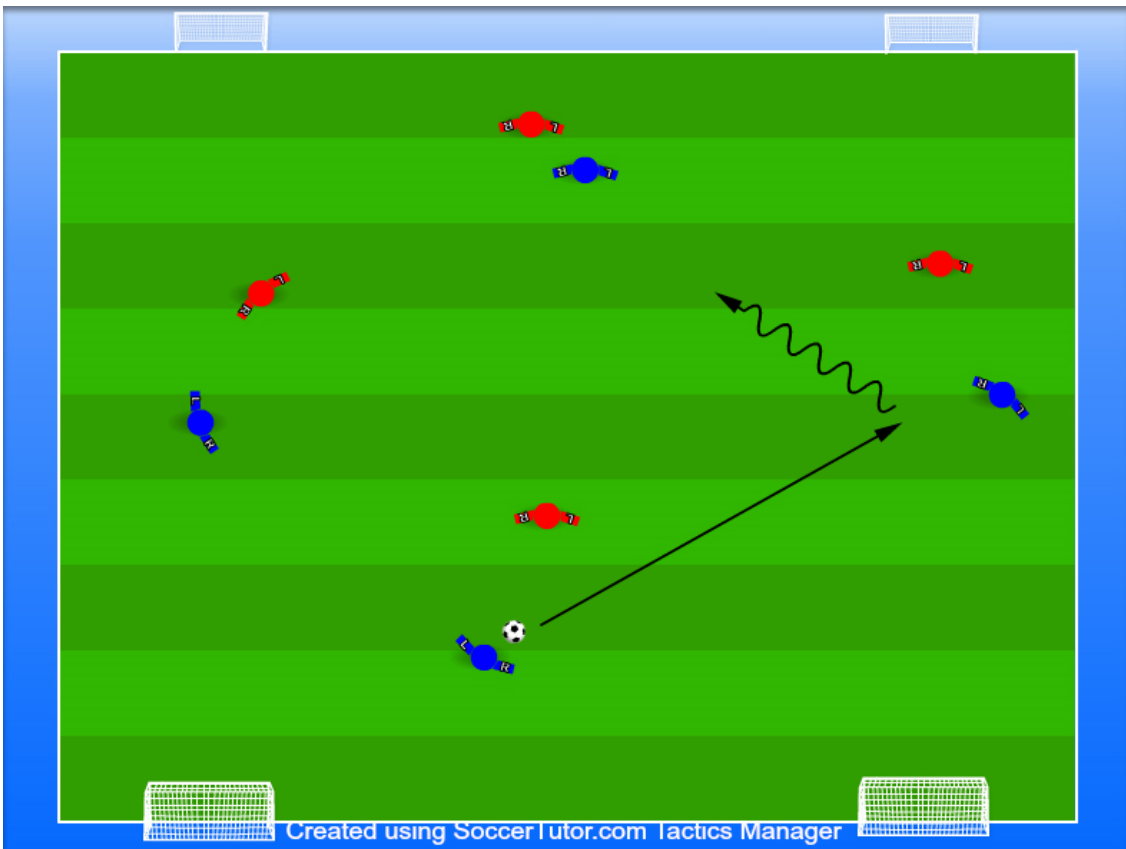




Tactics Manager

What We Are Learning - Week 5 Legacy ADP



Date:	3/Oct/2016	Measurement:	Select Pitch Area
Time:	N/A:N/A	Players:	0
Duration:	N/A	Level:	U5 - U10

Objective: Continue with the technical aspect of passing - have players pass in if they can during practice scrimmages.

Description: Technical: Continue with passing technique (open hip, toe up, heel down, ankle locked, follow through and pass with inside of foot, plant foot pointed in direction of pass).

Tactical: When do I pass? When do I dribble? How can I help my teammates when I do not have the ball and we are attacking?

Physical: Balance/coordination When you do not have the ball-movement to find space and help your teammates when attacking.

Coaching Points:

Progression: