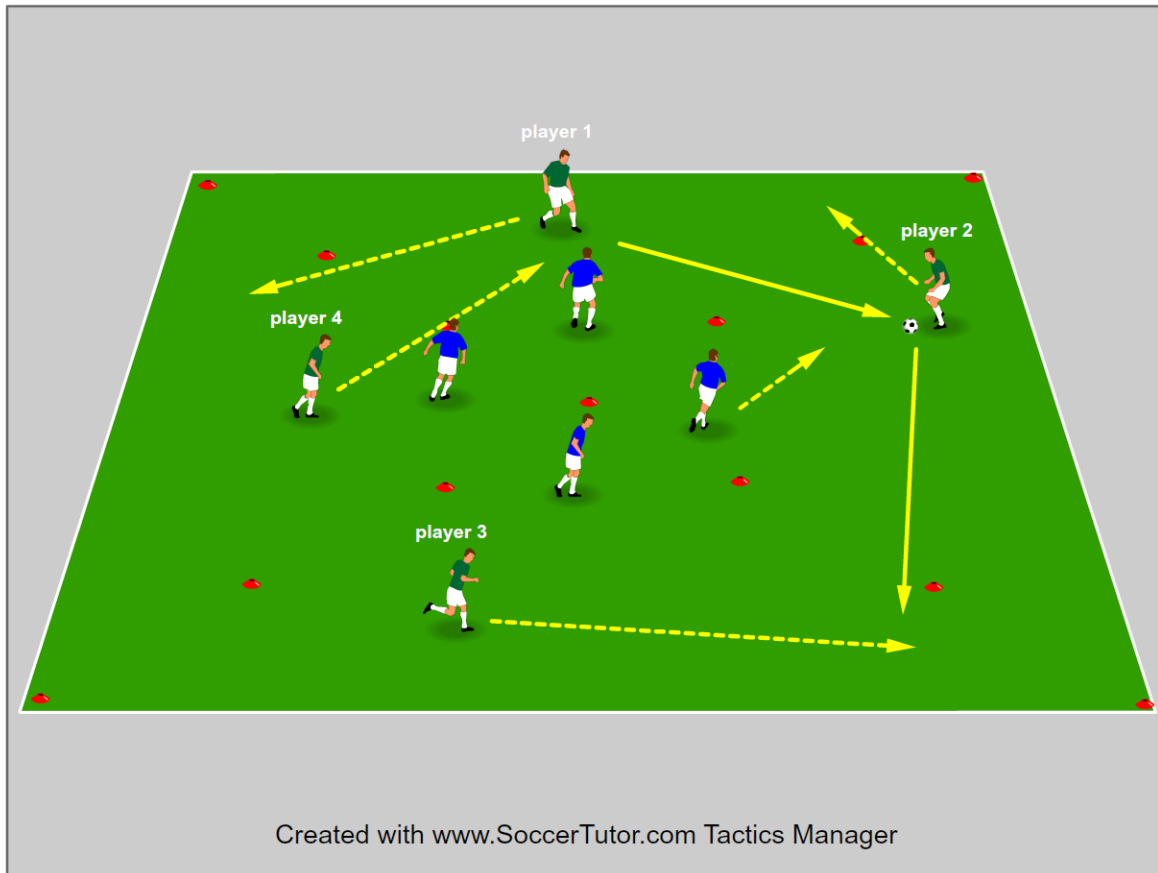


4 v 4 Possession to Create Support



Date:	30/Jan/2014	Measurement:	30 x 30 Yards
Time:	N/A:N/A	Players:	0
Duration:	15	Level/Age Group:	U11 - 18+
Description:	Green has possession of the ball. 6 passes equals a point. Once Green plays the ball to another Green player they must leave the triangle that they are in before they can receive another pass. If they receive a ball in the same triangle in which they played the ball in possession is given to the other team.		
Objective:	<ul style="list-style-type: none"> -To have players understand how to create space for themselves and others. -To have players start to anticipate proper supporting angles. 		
Coaching Points:	<ul style="list-style-type: none"> -Strike and then quickly move. -Create to best angle by running the shortest distance. -Anticipate your movement before you play the ball. -Can you dribble to create space and angles. 		
Progression:	-Play to an End Line or Goal.		