

### 8v8/8v8 To Counter Goals



<b>Date:</b>	15/Jan/2014	<b>Measurement:</b>	Half a Pitch
<b>Time:</b>	N/A:N/A	<b>Players:</b>	17
<b>Duration:</b>	20	<b>Level/Age Group:</b>	U11 - 18+

**Description:** Attacking team sets up in a 2-2-1-3 and defending team sets up in a 4-2-1 with a GK (as shown in the diagram). Attacking team will attack the big goal in an attempt to score on goal. If the defending team with possession then they will attack the two wide counter goals.

Team with the most goals at the end is the winner.

**Objective:** Recognition of how to attack through the middle. Link up play between all 3 forward and AM. Increase the groups ability to disrupt the back line shape.

**Coaching Points:**

- Sharp, quick runs to create separation from defenders.
- Make the defenders make a decision.
- Runs to disrupt the back line.

Recognition of when and how to counter.

**Progression:**