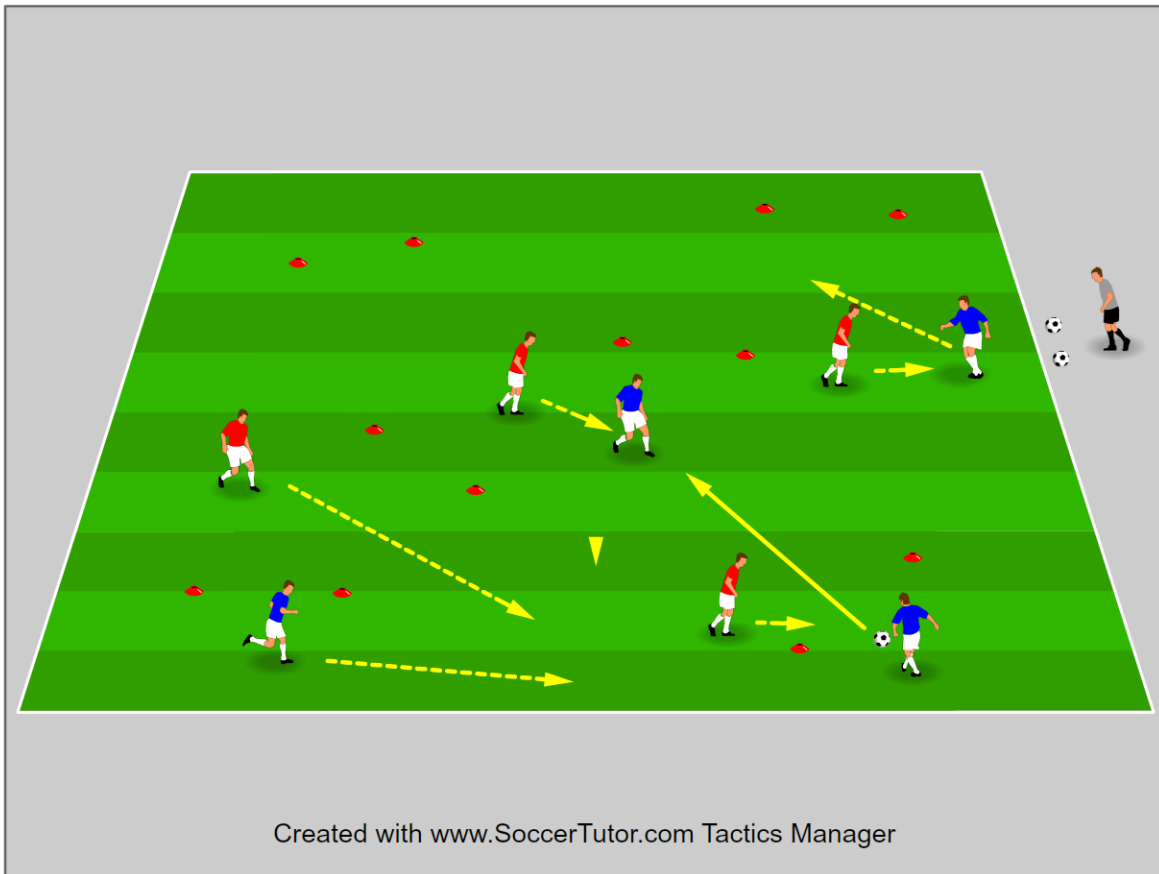


Small Sided Game (Gates)



Date:	17/Oct/2013	Measurement:	30 x 30 Yards
Time:	N/A:N/A	Players:	8
Duration:	20	Level/Age Group:	U11 - U18
Description:	<ul style="list-style-type: none"> -Team equal teams of 4. -Points are scored by playing the ball through the gate to a teammate successfully. -After scoring a point the team in possession looks to find another gate to go and score through. 		
Objective:			
Coaching Points:	<ul style="list-style-type: none"> -Turn away from pressure. -How to beat an opponent. -Accuracy and weight of your pass. -Cues to dribble, turn, and pass. 		
Progression:	<ul style="list-style-type: none"> -Two point are awarded for dribbling through the gate and then successfully completing a pass. 		